

METHODOLOGY

Best Specialized Hospitals Middle East 2026

Scope, Data Collection, Evaluation, and Results

statista 

Newsweek



Methodology – Best Specialized Hospitals Middle East 2026

Summary of the project

In recent years, **hospitals across the Middle East** have strengthened their **competitive edge through specialization**, advanced technologies, and ambitious digital transformation — from AI-driven care to robotics.⁽¹⁾

To provide patients with a comprehensive resource for informed decision-making, Statista and Newsweek have partnered for the first time to rank the leading hospitals in the Middle East (encompassing the countries: **Bahrain, Jordan, Kuwait, Oman, Qatar, Saudi Arabia, United Arab Emirates**), recognizing the top 50 institutions in six specialties: **Cardiology, Gastroenterology, Neurology, Oncology, Orthopedics, and Pediatrics**.

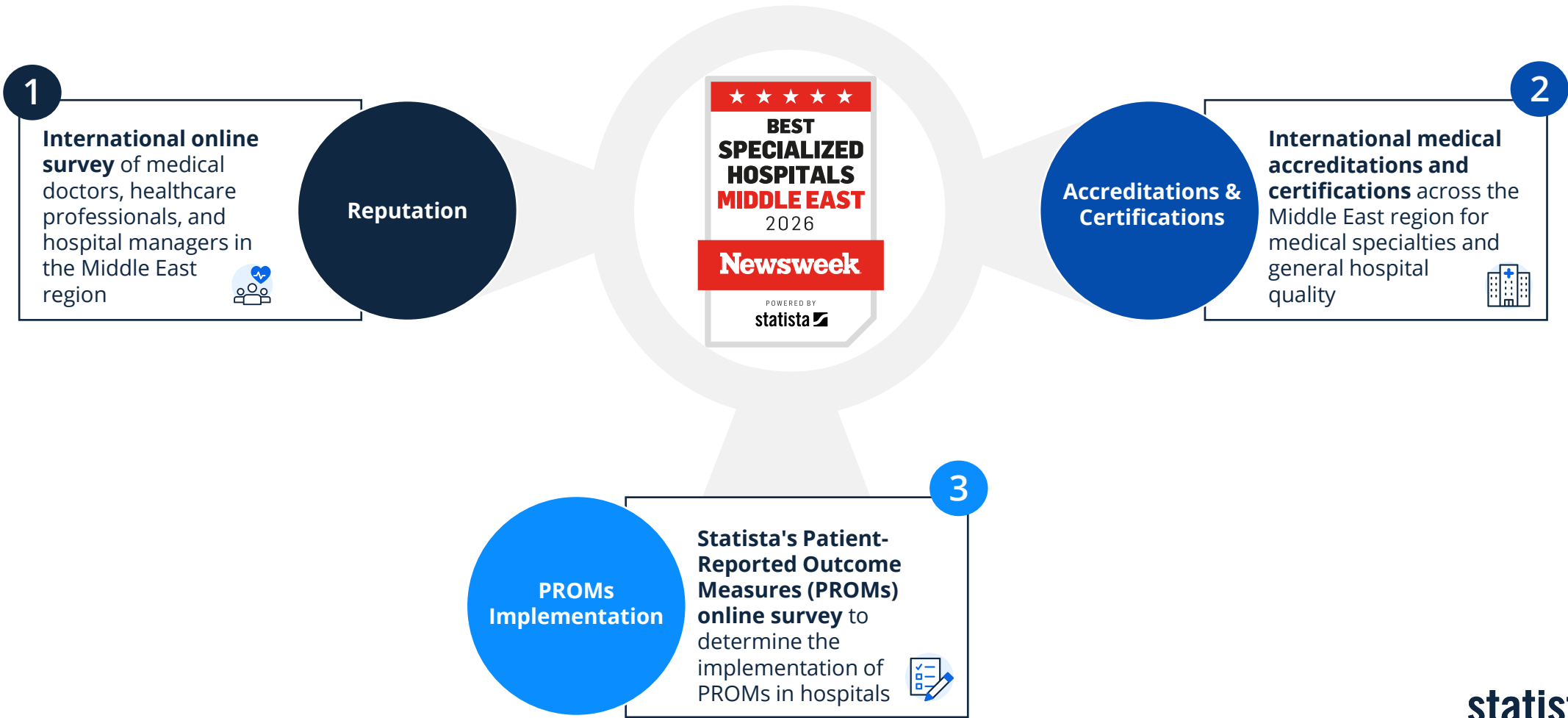
The underlying analysis is based on **three data pillars**:

- **Reputation:** During the survey period from August to September 2025, recommendations from medical professionals and staff working in hospital management/administration in the respective countries were collected via an international online survey to calculate the reputation score.
- **Accreditations & Certifications:** International accreditations and certifications relevant to the respective medical specialties and general hospital quality were considered.
- **Statista PROMS Implementation Survey:** In October to December 2024, Newsweek and Statista conducted a voluntary PROMs implementation survey to account for the increasing importance of Patient-Reported Outcome Measures (PROMs) in hospitals worldwide.

Hospitals specializing in multiple medical fields received specific recommendation scores for each respective medical field. Therefore, one hospital may be represented in more than one list if it received enough recommendations in each medical field.

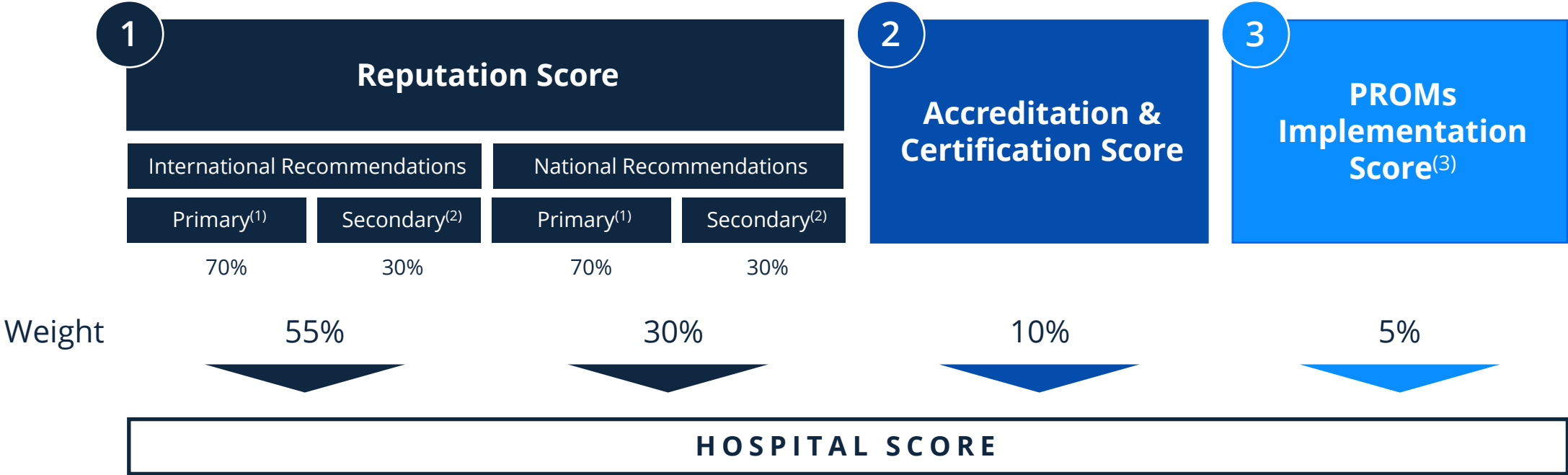
Hospital evaluation is based on three pillars: peer recommendation, certifications and PROMs implementation

Data sources



A score based on three pillars was calculated for each hospital

Scoring model



4 (1) Recommendations from peers for primary medical field
(2) Recommendations from peers for secondary medical field, i.e., peers with knowledge in more than one medical field
(3) Optional score only factored in upon voluntary submission of the Statista PROMs Implementation Survey

Healthcare professionals were surveyed about the best specialized hospitals in the Middle East region

1 Reputation Score

From August to September 2025, Statista conducted an international online survey of medical professionals (including doctors, hospital managers, and other healthcare professionals) working in the Middle East region. The survey was available on [newsweek.com](https://www.newsweek.com).



International online survey among health care professionals across Bahrain, Jordan, Kuwait, Oman, Qatar, Saudi Arabia and United Arab Emirates.

Participants were asked to recommend and rate (on a scale from 1-10) hospitals in **their own field of expertise** and were able to recommend hospitals in a secondary field. Participants were asked to recommend hospitals in their own country as well as internationally. Recommendations for their own employers/hospitals were not allowed.

Analysis of **primary and secondary recommendations** across the six medical fields. A score was assigned to each hospital based on the number of weighted recommendations⁽¹⁾ and their given rating.

REPUTATION SCORE

Available accreditation and certification data on hospitals in the Middle East region was analyzed

International accreditation and certification

2 Accreditation & Certification Score

International accreditations & certifications relevant to general hospital quality and specific medical specialties were included (where available). For the complete list please see the appendix.

International accreditations & certifications⁽¹⁾ included were:

- Joint Commission International (JCI)
- Australian Council on Healthcare Standards (ACHS)
- Accreditation Canada

In addition to general hospital accreditations, available **certifications relevant to specific medical fields** (e.g., Knee Replacement certification for orthopedic hospitals, Acute Coronary Syndrome certification for cardiology hospitals) were used.

ACCREDITATION & CERTIFICATION SCORE

The Statista PROMs Implementation Survey collects data directly from hospitals

PROMs Implementation Survey

3 Statista PROMs Implementation Survey

Patient-Reported Outcome Measures (PROMs) are defined as standardized, validated questionnaires completed by patients to measure their perception of their functional well-being and quality of life.

Survey cycle: In October to December of each year, Newsweek and Statista conduct the **PROMs Implementation Survey**⁽¹⁾ to determine the status quo of PROMs implementation, auditing and reporting of the data, and whether the PROMs data is used to optimize care process and support therapeutic decisions in real-time.

Statista has partnered with the **International Consortium for Health Outcomes Measurement** ([ICHOM](https://www.ichom.org)) as a knowledge partner. ICHOM is the world's leading non-profit organization dedicated to the development of standardized measurement of patient-important outcomes (including PROMs). ICHOM promotes the development of the PROMs Implementation Survey, as well as the use of the data from PROMs (and other patient-important outcomes), towards the advancement of value-based healthcare.

A **grading system** for the different questions was built to determine a **PROMs implementation score** for each participating hospital. Only hospitals that achieved a **minimum of 50%** (of the maximum 100% score) were eligible to be graded and received a maximum of up to 5% towards the total score.

Future survey cycles will be announced on [r.statista.com](https://www.r.statista.com), [newsweek.com](https://www.newsweek.com), and via e-mail to registered participants. Registrations can be submitted to: hospitals@statista.com or [here](#).

PROMS IMPLEMENTATION SCORE

7 (1) For an overview of the specific questions, a PDF version of the PROMs Implementation Survey can be accessed [here](#).

The top hospitals in each medical field were awarded

Final ranking by specialties



Cardiology

Rank	Hospital	City	Country	PROMS Survey
1	Cleveland Clinic Abu Dhabi	Abu Dhabi	United Arab Emirates	
2	King Faisal Specialist Hospital and Research Center - Riyadh	Riyadh	Saudi Arabia	🏆🏆
3	Hamad General Hospital	Doha	Qatar	
4	Royal Hospital	Muscat	Oman	
5	King Faisal Specialist Hospital and Research Center - Jeddah	Jeddah	Saudi Arabia	

[...]



Neurology

Rank	Hospital	City	Country	PROMS Survey
1	Cleveland Clinic Abu Dhabi	Abu Dhabi	United Arab Emirates	
2	King Faisal Specialist Hospital and Research Center - Riyadh	Riyadh	Saudi Arabia	🏆🏆
3	Dr. Soliman Fakeeh Hospital - Jeddah	Jeddah	Saudi Arabia	🏆🏆🏆
4	Hamad General Hospital	Doha	Qatar	
5	Royal Bahrain Hospital	Manama	Bahrain	

[...]

LEADING HOSPITALS WERE AWARDED IN EACH SPECIALTY

Statista R, Newsweek, and ICHOM form the strong partner network behind the *Best Specialized Hospitals Middle East 2026*

Partner Network



About Statista R

Statista R is a world leader in the creation of company, brand, and product rankings and top lists, based on comprehensive market research and data analysis: Statista R recognizes the best. With a team of over 100 expert analysts and in cooperation with more than 40 high profile media brands across all continents, Statista R creates transparency for consumers and business decision makers and helps companies build trust and recognition across a plethora of industries and product categories. Visit [Statista R](https://www.statista.com).

Statista R is a division of **statista** . The leading data and business intelligence portal provides an extensive collection of statistics, reports, and insights on over 80,000 topics from 22,500 sources in 170 industries. Find out more at [statista.com](https://www.statista.com).

The Newsweek logo, consisting of the word "Newsweek" in white sans-serif font on a solid red rectangular background.

About Newsweek

Newsweek is a premier news magazine and website that has been bringing high-quality journalism to readers around the globe for over 80 years.

Newsweek provides the latest news, in-depth analysis and ideas about international issues, technology, business, culture and politics. In addition to its online and mobile presence, Newsweek publishes weekly English print editions in the United States, Europe/Middle East/Africa and Asia as well as editions in Japanese, Korean, Polish, Serbian and Spanish.

[newsweek.com](https://www.newsweek.com)

The ICHOM logo, with the letters "ICHOM" in a bold, green, sans-serif font.

About ICHOM

The International Consortium for Health Outcomes Measurement ([ICHOM](https://www.ichom.org)) is the leading non-profit dedicated to transforming healthcare by focusing on what truly matters to patients. They accomplish this by empowering patient and clinical leaders to standardize important clinical, quality of life, function and experience results for health care, and enabling transparent large-scale use to achieve patient-centric health system transformation. ICHOM's standardized 'sets' of patient-centered outcomes measures help all actors in healthcare design, deliver and evaluate care based on outcomes that matter to patients. To date, ICHOM has developed 45 outcome measure sets for conditions. The sets are available in IT-ready interoperable formats and have been implemented in 500+ care settings in 42+ countries.

Disclaimer

The rankings consist exclusively of hospitals that are eligible according to the scope described in this document. A mention in the ranking is a positive recognition based on peer recommendations and publicly available data sources at the time. The ranking is the result of an elaborate process which, due to the interval of data-collection and analysis, is a reflection of the last 12 months. Furthermore, events preceding or following the period from October 15, 2024, to October 14, 2025, and/or pertaining to individual persons affiliated/associated to the facilities were not included in the metrics. As such, the results of this ranking should not be used as the sole source of information for future deliberations.

The information provided in this ranking should be considered in conjunction with other available information about hospitals or, if possible, accompanied by a visit to a facility. The quality of hospitals that are not included in the rankings is not disputed.

Appendix 1:

Accreditations & certifications - complete list

A) International accreditations:

1. Joint Commission International (JCI)
2. Australian Council on Healthcare Standards (ACHS)
3. Accreditation Canada

B) JCI specialty specific certifications:

- | | |
|---|---|
| 1. Acute Coronary Syndrome | 11. Lumbar Decompression and Fixation |
| 2. Advanced Atrioventricular Block | 12. Lung Cancer |
| 3. ADHD in Children | 13. Multiple Myeloma |
| 4. Bipolar Affective Disorder | 14. Myocardial Infarction (AMI) |
| 5. Pediatric Cardiology and Cardiac Surgery | 15. Primary Stroke |
| 6. Brain Cancer | 16. Prostate Cancer |
| 7. Breast Cancer | 17. Rectal Cancer |
| 8. Cervical Cancer | 18. Rotator Cuff Disorders |
| 9. Colon Cancer | 19. Surgical Anterior Cruciate Ligament |
| 10. Knee Replacement | 20. Schizophrenia |